

Dear Parents and Athletes:

We will continue to utilize the ImPACT Concussion Management System for this upcoming season. In preparation for this, we ask all athletes take a baseline test at home.

This baseline test will serve as a benchmark for an athlete's cognitive abilities and concussion symptoms in the event he/she were to suffer a concussion. The baseline will allow physicians, practitioners and athletic trainers to compare athlete post injury results to baseline and "normative data" for age group and gender.

Please note: Your ImPACT test results are valid for 2 years. If you are unsure if you have a valid test or need to test again, please reference Final Forms. It will show you if you have a test on file, and what the expiration (validity) date is.

Taking the ImPACT test at Home:

1. Type in the following link:
<https://www.impacttestonline.com/testing>
2. Enter the access code: **bur3ndfak4**
3. Click on "Launch Baseline Test"
4. Read all instructions and follow all prompts when beginning the test.

Keys to taking the test:

- Make sure you have pop-up blockers turned off
- Make sure your computer has Adobe Flash enabled
- Read the directions carefully and follow them
- Focus on the test and do not try to speed through

*Most invalid tests occur because athletes have not read/followed the directions or they try to speed through it. If a baseline test is deemed invalid, athletes will be required to take it again.

Thank you,

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